



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

NEWSLETTER: Issue 1 -October 2010 (Dhul Qada 1431H)

“ O Believers! If you help (Din [Religion] of) Allah, He will help you and will make your feet firm.”

(Holy Quran, Surah Muhammad, 26:7)

Assalamu Alaikum dear Members!

Welcome to the very first edition of the *al-Lawh Institute* Newsletter. All Praise to Allah Most High, The Creator and Sustainer of the Worlds and choicest peace and blessings upon our Master Muhammad Salallahu Alaihi Wasallam, for granting us the tawfeeq to instigate such a venture. With all your duas and input, we sincerely hope this will be the beginning of many such editions to come, insha'Allah.

We were blessed with the beautiful name *al-Lawh* ('The Tablet') for our institute, following *muraqaba* (deep spiritual meditation) by Shaykh Muhammad Yazdani Raza Al-Misbahi Sahib. We are all truly grateful for Shaykh Sahib's continued blessings, guidance and motivation every step of the way. Please feel free to read and absorb our achievements thus far, including all the events that *al-Lawh Institute* has been able to provide over the last 6 months. As always, feedback, both positive and negative, from yourselves is vital in ensuring that we can provide you with information and knowledge that you as members desire and ultimately benefit from.

We hope that you will all enjoy this introductory edition, which offers a snap-shot of *al-Lawh*, your organisation which is here to stay, here to spread the true spirit of Islam. Furthermore, we aim to inculcate the teachings of the Ahlus Sunnah Wal Jamaah based on the love of Ya RasulAllah salallahu alaihi wasallam, his blessed Family (RA), his blessed Companions (RA) and all those who followed him, salallahu alaihi wasallam.

Wa alaikum assalam wa rahmatullahi wa barakatuhu.

Sajida Afzal

al-Lawh Institute

Famous Quotations:

'If there were no Muhammad (salallahu alaihi wasallam) nobody would 'be' and the two worlds would not have existence. Hence, the existence of the world is dependent upon the existence of the Holy Prophet (salallahu alaihi wasallam) who is dependent upon the Existence of Allah Ta'ala.'

(Taken from a book by Imam Ahmad Raza Khan (rahmatullah alaih): 1856-1921)



Recent Events and Courses:

- **Event 24th April 2010:** Introduction to the Creed of the Ahlus Sunnah wal Jamaah
- **Event 13th June 2010:** Aqeeda lessons from al-Isra wal Mi'raj
- **Event 18th July 2010:** Bidah or Shirk?
- **Event 10th Oct 2010:** Shaan-e-Sahaaba (RA)
- **Aqeeda & Hanafi Fiqh Course:**
 - (Block1) Sept 19/26, Oct 3
 - (Block 2) Oct 17/24/31
 - (Block 3) Nov 14/21/28

At these events, we have been blessed with the company of great speakers and scholars from all over the country. Guests have included:

Abdul Basit Qadri & Hafiz Zeeshan Ali	(Minhaj-ul-Quran)
Shaykh Monawwar Ateeq Rizvi	(Graduate of Hazrat Sultan Bahu Trust)
Shaykh Muhammad Yazdani Raza Al-Misbahi	(London Fatwa Council and first major graduate from Jamia Al-Karam, Nottingham)
Allama Sayeed Qasim	(Imam of Slough Masjid and graduate of Jamia Rizvia Zia-ul-Uloom - Rawalpindi)

From the reference mastermind of Shaykh Monawwar, to the worldly wisdoms of Shaykh Yazdani and Allama Qasim Sahib, to the connection of Abdul Basit with the youth and to the heart piercing qiraat of Hafiz Zeeshan, we really have been blessed and showered with so much knowledge to uplift our souls and strengthening of our emaan, masha'Allah!

Furthermore, we have had the grand privilege of securing Shaykh Yazdani Sahib as teacher of our first ever Aqeeda and Hanafi Fiqh course held in Watford. Alhamdulillah, this has got off to an excellent start with a phenomenal student enrolment rate, ranging from as young as 11 to the over 40s, both male and female. Needless to say, the community is vouching for its success!

Community Services:

We were also visited by Shabnum Tanvir from the Hertfordshire Stop Smoking Service. Shabnum offered valuable insight into the hazards of smoking and the detrimental effects that smoking can have on an individual's health. If you are interested in finding out more about the NHS's Stop-Smoking Campaign, please contact Shabnum on: Hertfordshire.stopsmokingservice@nhs.net

Freephone: 08003893998

*So you missed the events
and courses?
No fear, DVDs are here 😊*



DVDs of all events and courses are available for purchase. These are invaluable learning resources and come highly recommended for personal knowledge and also as gifts for family and friends. Please contact us (details below) if you wish to buy any of the DVDs.



'Doubts' -By Afzal Haider

On the 5th Rabbi-ul-Awwal (50H), Hazrat Imam Hassan (RA) was poisoned by his wife Jodha Bint Ash'as in Madinah. Hazrat Imam Hussain (RA) tried to ask Hazrat Hassan (RA) to point out who had poisoned him, but rather than giving his wife's name, Hazrat Hassan (RA) stated:

'Allah Ta'ala sakht intiqam leney wala hai...koi shuks meh'z mere gomaan ki bina par kiyoon katal ho?'

Translation:

'Allah Ta'ala is a severe Reprimander.....why should anyone be slaughtered on the basis of my doubts?'

(Excerpt taken from **Tareekh-ul-Khulafah**, p282 by Allama Jalalludin Suyuti (ra))

Subhanallah! What an excellent example of forbearance and taqwa shown by our blessed Imam Hassan (RA). Even when breathing his last, he is shown to be God-fearing, not casting any bad doubts on his wife. Such bad doubts are an evil which can destroy one's Imaan and if we look around in society today, it is rife and causing a state of moral decline. Islam aims at establishing its society on a clear conscience and mutual trust, not on doubts, suspicions, accusations and mistrust. Hence, Allah Most High states:

'O Believers! Avoid most conjectures. Indeed some conjectures are sins (liable to punishment in the Hereafter).' (Holy Quran, Surah al-Hujarat, 49:12)

The kind of doubt (conjecture) which is a sin is the ascribing of evil motives, and it is not permissible for a Muslim to impute such motives to his brother Muslim without justification and clear evidence. The basic assumption concerning people is that they are innocent so a mere suspicion should not be allowed to result in the accusation of an innocent person. Regarding this, Ya RasulAllah (salallahu alaihi wasallam) said:

'Avoid suspicion, for airing suspicion is the most lying form of speech'.

(Reported by al-Bukhari and others)

Human weakness is such that no one is free of doubts and wrong thoughts especially concerning those with whom we have uncomfortable relationships. However, we must strive to not give in to such thoughts nor go beyond thoughts to action, as stated in the Hadith:

'If you have a suspicion, do not pursue it.'

(Reported by al-Tabarani)

We can learn much from this bite-size source of information taken from Islamic history. May Allah SWT grant us all the tawfeeq to acquire scrupulous piety by following in the footsteps of our pious ancestors. May Allah Ta'ala assist us to avoid any doubts and to leave out that which does not benefit us. Aameen.



Jannah – by Ayesha Afzaal (aged 9)

Jannah means ‘a garden’ and it refers to a special garden that Allah Almighty has prepared for his good and pious servants. There are beautiful trees, fragranced flowers, delicious fruit and great palaces. Rivers of milk, water, honey and colourful drinks flow in it. Every type of fruit and delicious food is there all the time. In Jannah, everything is beyond our imagination. The most important thing we must remember is that we will see Allah Almighty there, as well as Ya RasulAllah salallahu alaihi wasallam and all the other Prophets (PBUT). Our hearts will be filled with joy and happiness. In this life, we like to have all nice things such as nice houses, cars, good jobs and stylish things. Anyone that doesn’t have such things may feel sad and sense an empty life which may feel like Hell, especially if they do not work. But, in the Hereafter, there will be peace and happiness only in Jannah. So we must try our best to do all those things which will make us go to Jannah, otherwise we would burn in Hell, astaghfirullah!

ISLAMIC QUIZ:

1. What is meant by Jannah?
2. What will be provided to eat in Paradise?
3. What is the most important thing about Paradise?
4. Which people will go to Paradise?
5. What should we do to go to Paradise?

Send us your answers by email. Answers in the next edition insha’Allah! 😊

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<http://www.youtube.com/user/allawhinstitute>

Chairman: Sajid Manzoor 07941-652539



HERE IS WHAT SOME OF OUR YOUNGER MEMBERS HAVE TO SAY ABOUT US:

‘IT GIVES ME BETTER KNOWLEDGE OF MY RELIGION’ (HAIDER, AGED 11)

‘IT IS VERY ORGANISED’ (IQRA, AGED 11)

‘I AM BEING INFORMED ABOUT MANY ASPECTS OF ISLAM WHICH I WAS NOT AWARE OF BEFORE’ (AQIB, AGED 13)

‘IT IS EASY TO UNDERSTAND AND MAKES IT MORE ENJOYABLE’ (ANISAH, AGED 15)

‘IT GETS YOU TO LEARN MORE WHILST GOING OUT’ (JAMAL, AGED 12)



WANT TO BE INCLUDED IN THE NEXT EDITION? THEN SEND US YOUR VIEWS, IDEAS, SUGGESTIONS AND ARTICLES BY EMAIL AND WE WILL TRY TO GET YOUR IDEAS IN PRINT! ☺